



2020 Oxfordshire Cross Country Championships Notice

Under UK Athletics Rules

Thursday, 14 November 2019

Dear Club Official / Team Manager / Qualifying Athlete,

The 2020 Oxfordshire Cross Country (OCC) Championships are scheduled to be held in conjunction with Round 3 of the Oxfordshire Cross Country League on Sunday, 5th January at Bo Peep Caravan Park, Adderbury, and will be co-hosted by Banbury Harriers AC and Bicester AC. Full details of the schedule for the day of the Championships will be sent out to all clubs in by mid-November 2019 and will also be made available on the County website.

Invitation

Clubs, schools and individuals are invited to submit their entries for the 2020 OCC Championships. The closing date for the submission of the entry form, athlete entries and entry fee(s) is: **Wednesday, 18th December 2019.**

2020 Championship Entry Fees

Individual Entries	Individual Entry Fee
Senior/Veteran Men & Women	£ 5.00
All Other Age Categories	£ 3.00
Unaffiliated Athletes (<i>Schools only</i>)	£ 5.00

2020 Championship Schedule

Race Schedule	Start Time	Race Distance (<i>approx.</i>)
Under 9 Boys & Girls * <i>Not a Championship event.</i>	09:55 hrs	1,200m
Under 11 Girls * <i>Not a Championship event.</i>	10:00 hrs	1,500m
Under 11 Boys * <i>Not a Championship event.</i>	10:10 hrs	1,500m
Under 13 Girls	10:20 hrs	3,000m
Under 13 Boys	10:30 hrs	3,000m
Under 15 & Under 17 Girls	10:45 hrs	4,000m
Under 15 & Under 17 Boys	11:00 hrs	5,000m
Under 20, Senior & Veteran Men	11:20 hrs	9,000m
Under 20, Senior & Veteran Women	12:00 hrs	6,500m

Entry Form & Payment of Fees

Please complete the separate entry form (*– individuals see pages 7-8 of this document, clubs and schools see pages 9-10*) and return a copy of the form along with the remittance for the entry fees due either by post or by email to the **Oxon AA Treasurer** as specified on the form.

Athlete Entries

Group athlete entries (*in the case of clubs and schools*) are to be emailed along with a copy of the group entry form to the **OCC Championships Co-ordinator** (*– see details at the end of the group entry form*) using the .csv (*– can be opened by any spreadsheet program*) supplied, by the deadline indicated.

Individual athlete entries are also to be emailed along with a copy of the individual entry form to the **OCC Championships Co-ordinator** (*– see details at the end of the individual entry form*) again using the .csv supplied and by the deadline indicated.

All clubs, organisations and athletes are advised and reminded to read the OCC Championship Rules (*– see pages 3-4 of this document*).

Age Groups

Please ensure all athletes are correctly entered. All athlete entries will be verified against the athlete's date of birth as registered with England Athletics.

- **Under 9 Boys & Girls:** 8 years of age on 1st September 2019.
(Athletes under the age of 8 must not be entered.)
- **Under 11 Boys & Girls:** 9 or 10 years of age on 1st September 2019.
- **Under 13 Boys & Girls:** 11 or 12 years of age on 1st September 2019.
- **Under 15 Boys & Girls:** 13 or 14 years of age on 1st September 2019.
- **Under 17 Boys & Girls:** 15 or 16 years of age on 1st September 2019.
- **Under 20 Men & Women:** 17, 18 or 19 years of age on 1st January 2020.
- **Senior Men:** 20-39 years of age on 1st January 2020.
- **Senior Women:** 20-34 years of age on 1st January 2020.
- **Veteran Men:** 40 years of age and over on 1st January 2020.
- **Veteran Women:** 35 years of age and over on 1st January 2020.

Race Numbers

- Championship race numbers are to be collected on the day.
- All entrants must wear their Championship race number provided on the day of the event.
- All athletes are advised to arrive early to ensure they collect their race number ahead of their race with sufficient time to spare.

Prizes

Non-Championship Prizes

- **Under 9 Boys & Girls / Under 11 Boys & Girls:**
 - Special county medals to be awarded to the first three athletes in each category to finish.
 - Certificates to be awarded to all finishers.

Championship Prizes

- **All Categories (Under 13s and above):**
 - Medals to be awarded to the first three Under 20, Senior and Veteran athletes to finish.

- Team medals also to be awarded to the first three athletes (*first four athletes in the case of male categories*) of the first three teams, subject to a minimum of eight teams having been entered.
- **Non-binary Athletes:**
 - Non-binary athletes are not eligible for prizes.

Presentations

The awards presentations will take place as follows:

- **11:15 hrs (approximately) - Under 9 Boys & Girls / Under 11 Boys & Girls.**
- **13:15 hrs (approximately, following the women's race) - All Other Categories.**

Rules

1) General Rules:

- a. Clubs must have paid the annual affiliation fee to Oxfordshire AA in order to participate.
- b. Each competitor must:
 - i. be a first claim member of the club they are to represent.
 - ii. be registered with England Athletics (EA) and their EA registration fee have been paid and processed.
 - iii. be eligible to compete under UK Athletics (UKA) Rules for cross country running.
- c. Athlete entries from schools must be accompanied by the payment of the applicable unaffiliated entry fees.
- d. First claim club vests must be worn in all races.

2) Championship Qualification:

- a. Anyone with an Oxfordshire qualification. See UKA Rule 9.
- b. By birth [UKA Rule 9, paragraph 2(a)].
- c. By 9 months' residence within the County [UKA Rule 9, paragraphs 2(b) and (c)].
- d. By relaxation of the residential qualification. Those attending school – day or boarding within the County.
Please Note: *This does not qualify you to compete for the County at Inter County meetings [UKA Rule 9, paragraph 10].*

3) Championship Age Group Qualification:

- a. The qualification age date for all **junior age groups** is **1st September 2019**.
- b. The qualification age date for all **adult age groups (U20s upwards)** is **1st January 2020**.
Please Note: *The County age qualification date is different from the Oxfordshire Cross Country League.*
- c. A boy or girl may compete in the respective Under 13 age group race, if aged 11 on the day of the Championships.

4) Age Groups:

- a. Competitors may be allowed to compete in a higher age group (*i.e. an Under 17 athlete may compete in the Seniors/Veterans race*) subject to the distance limitations of UKA Rule 508.

5) Athlete Entries:

- a. All individual entries must be submitted using the **individual entry form** (– see pages 7-8).
- b. All group entries must be submitted using the **group entry form** (– see pages 9-10) along with the athlete entries using the .csv entries template file provided.
 - i. Please ensure:
 1. all fields are completed.

2. the .csv file format is retained on submission of entries.
 3. double-check the athlete dates of birth to ensure the correct data is submitted.
 - c. Athlete eligibility to compete will be checked using the athlete EA registration number (URN). The status of an athlete's EA registration can be checked by visiting: <https://myathletics.englandathletics.org/licencecheck/>.
 - d. Any athlete whose entry fails the EA Licence Check will be refused entry to the 2020 Oxfordshire Cross Country Championships, unless the issue associated with his/her entry is resolved by the **secondary entry deadline of 2nd January 2020**.
 - e. Group entries must be submitted by an affiliated club or school.
 - f. Please enter only those athletes who are likely to compete.
 - g. Do NOT submit complete club member lists.
 - h. Do NOT enter Oxfordshire Cross Country League competitors that will be absent on the day of the Championships.
 - i. It is the responsibility of competitors and their clubs to ensure they are entered in the correct race.
 - j. All athlete entries to be submitted to the OCC Championships Co-ordinator.
 - k. If you have any entry queries, please contact the OCC Championships Co-ordinator.
- 6) Entry Forms & Fees:**
- a. All entry fees must be received in full by the **entry deadline of 18th December 2019** as detailed in the payment section of the respective individual and group entry forms.
 - b. The individual entry fees for all age groups are as stated in the 2020 Championship Entry Fees section above.
 - c. All completed entry forms to be emailed, preferably, to the OCC Championships Co-ordinator, by email preferably, or otherwise by post to the address at the top of the first page.
 - d. All entries and payments will be reviewed by the Oxon AA Treasurer to ensure the correct entry fees have been paid. Clubs will be notified of any outstanding unpaid entry fees which will be payable by the **secondary entry deadline of 2nd January 2020**.
 - e. In the event of a **postal strike** please pay cheques into your bank or any HSBC branch ask them to process the payment into the account detailed on the on the entry documentation using the club/school/athlete reference code as requested.
- 7) Teams:**
- a. The first four finishers in all age groups for men and boys (*first three for women and girls*) for each club/school will be their first team.
 - b. The next four finishers for men and boys (*next three for women and girls*) will be their second team, etc.
 - c. The Veteran age groups are as stated in the Age Groups section above, not split into 10-year age bands.
 - d. Individual and team medals for Veteran athletes will NOT be presented on the day of the event, but will be forwarded to the appropriate clubs afterwards.
- 8) Results:**
- a. Separate results will be delivered for each age group even though some races are combined age group events.
- 9) Disputes:**
- a. In the event of any dispute the Championship Referee's decision will be final.

CAU Inter Counties Cross Country Championships

The CAU Inter Counties Cross Country Championships will be held on **Saturday, 7th March 2020** at **Prestwold Hall, Loughborough**.

The first three finishers in the OCC Championships will be selected automatically. The remaining places will be at the team managers' discretion, taking into consideration results from the Oxfordshire Cross Country League, Chiltern Cross Country League and other regional and national events.

Club team managers should submit names of any athlete they wish to be considered for the CAU Inter Counties Cross Country Championships, if those athletes are not available to compete in the OCC Championships.

As selection for the CAU Inter Counties Cross Country Championship teams will be based MAINLY on the results at the County Championships, any athletes wishing to be considered AND who are not entered for the OCC Championships MUST inform the OCC Championships Co-ordinator **at least 24 hours BEFORE the day of the County Championships**.

It would also be helpful if such athletes could include details of their race performances to that date, including the distance for each event.

In addition, any athlete selected for CAU Inter Counties Cross Country Championship teams who is subsequently unable to compete due to illness or injury should inform the OCC Championships Co-ordinator as soon as possible to allow the County to seek a replacement.

Please complete the form on the following page and send it by email to the OCC Championships Co-ordinator.

Candidate Athletes for 2020 CAU Inter Counties Cross Country Championships

Please complete the form below giving the names of candidates who are unavailable for the OCC Championships and who wish to be considered for Inter Counties selection.

2020 CAU Inter Counties Cross Country Championships – Candidate Athletes		
Contact Surname:	Name of Club:	
Postal Address:		
Telephone:	Email Address:	
Candidate Athlete Name:	Date of Birth:	Recent Performances:
Further Notes:		

2020 Championships Individual Entry Form

2020 Oxfordshire Cross Country Championships – Individual Entry Form		
Surname & Forename:		Name of First Claim Club (if applicable):
		EA URN:
Date of Birth:	Gender: Male / Female / Non-binary	Age Group (circle as appropriate): U9 / U11 / U13 / U15 / U17 / U20 / Sen / Vet
County Championship Qualification (tick as appropriate): <input type="checkbox"/> by Birth <input type="checkbox"/> by Residence <input type="checkbox"/> by Relaxation		
If by birth, enter birth city/town:	If by residence, enter home city/town:	If by relaxation, enter school name:
Postal Address:		
Telephone:		Email Address:
Declarations (tick to confirm acceptance):		
<input type="checkbox"/> I hereby declare that I am an amateur according to the UK Athletics definition, and have the required County qualification as stated under the Championships Rules section.		<input type="checkbox"/> I hereby declare that I have a medical condition that must be brought to the attention of the Race Referee at least 30 minutes before the start of the race.
Signature (<i>Parent/carer to sign if athlete under 18</i>):		Date:
Entry Fees:		
Payment of the 2020 individual entry fee due (£) has been made by (tick accordingly):		
<input type="checkbox"/> Cheque enclosed herewith <input type="checkbox"/> Online Banking		
<input type="checkbox"/> (Please tick to confirm:) I agree to abide by the rules of the OAA XC Championships.		
Postal entry fee payments to:		Online entry fee payments to:
fao: Hugh Morris Oxon AA Treasurer, 2020 OAA XC Championships, 42 Spencer Avenue, Kidlington, Oxfordshire OX5 1NQ		A/c Name: Oxfordshire Athletics Association Bank: HSBC Bank Plc Sort Code: 40-47-07 A/c No.: 01650696 Reference: <use Athlete URN – see §§>
Please make the cheque payable to: Oxfordshire Athletics Association		Please email the completed entry form to: oaa-xcchamps@oxonxc.org.uk
IMPORTANT: Deadline for receipt of entry form and entry fee: Wednesday, 18th December 2019.		

§§ – Individual Entry Form Notes:

Please enter the athlete's EA URN (England Athletics athlete registration number). If person completing the form or the athlete, him- or herself, does not know the relevant EA URN, please contact the athlete's club membership secretary to obtain that information.

Please ensure you read the OCC Championship Rules (– see pages 3-4).

Please also note the details and requirements for the CAU Inter Counties Championships (– see pages 5-6).

Thank you for your co-operation and attention.

Kind Regards

Dene Stringfellow

2020 OCC Championships Co-ordinator

email: aaa-xcchamps@oxonxc.org.uk

2020 Championships Group Entry Form

2020 Oxfordshire Cross Country Championships – Group Entry Form	
Surname:	Forename:
Name of First Claim Club or School:	
Group Athlete Entry Submission: All club/school group athlete entries are to be submitted using the .csv entries template provided.	
Postal Address:	
Telephone:	Email Address:
Declarations (tick to confirm acceptance):	
<input type="checkbox"/> I hereby declare that the athletes entered are amateur according to the UK Athletics definition, and have the required County qualification as stated under the Championship Rules section.	<input type="checkbox"/> I hereby declare that one or more of the entered athletes have a medical condition that must be brought to the attention of the Race Referee at least 30 minutes before the start of a race.
Entry Fees:	
Payment of the 2020 individual entry fee due (£) has been made by (tick accordingly):	
<input type="checkbox"/> Cheque enclosed herewith <input type="checkbox"/> Online Banking	
<input type="checkbox"/> (Please tick to confirm:) Our club/team agrees to abide by the rules of the OAA XC Championships.	
Signature:	Date:
Postal entry fee payments to:	Online entry fee payments to:
fao: <i>Hugh Morris</i> Oxon AA Treasurer, 2020 OAA XC Championships, 42 Spencer Avenue, Kidlington, Oxfordshire OX5 1NQ	A/c Name: Oxfordshire Athletics Association Bank: <i>HSBC Bank Plc</i> Sort Code: <i>40-47-07</i> A/c No.: <i>01650696</i> Reference: <use Club/Athlete Code – see §>
Please make the cheque payable to: Oxfordshire Athletics Association	Please email the completed entry form and entries to: oaa-xcchamps@oxonxc.org.uk
IMPORTANT: Deadline for receipt of athlete entries, entry form and entry fees: Wednesday, 18th December 2019.	

Oxfordshire Athletics Association

ESTD 1926

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Chairperson: Will Atkinson | Secretary: Lyn Hopkins | Treasurer: Hugh Morris

§ – Group Entry Form Notes:

Please enter the respective club code (– see below) as the payment reference. If a club or school needs to submit additional entries, add 2, 3 or 4, etc on the end of the club code to indicate the batch number of the entries processed. Please refer to the Club Codes section below for the relevant code.

Please ensure you read the OCC Championship Rules (– see pages 3-4).

Please also note the details and requirements for the CAU Inter Counties Championships (– see pages 5-6).

Club/School Codes

Please refer to the table below for your club's code to be used as the payment reference for entry fees.

Club	Code	Club	Code
Oxfordshire Clubs:			
Abingdon AC	ABGN	Hook Norton Harriers	HKNH
Adderbury RC	ADBY	Kidlington RC	KDLN
Alchester RC	ALCH	Longworth Runners	LNGW
Banbury Harriers AC	BANH	North Cotswold Tri & Run	NCTR
Benson Striders	BSNS	Oxford Brookes R&AC	OBRK
Bicester AC	BICA	Oxford City AC	OCAC
Bicester Tri	BICT	Oxford Tri	OTRI
Cherwell Runners & Joggers	CHRJ	Oxford University AC	OUNI
Didcot Runners	DCTR	Radley AC	RDLY
Eynsham Road Runners	EYRR	Thame Runners	THMR
Great Milton AC	GMAC	White Horse Harriers AC	WHSH
Harwell Harriers	HWLH	Witney Road Runners	WTRR
Headington RR	HDGN	Woodstock Harriers AC	WSTK
Oxfordshire Schools:			
Please contact the OCC Championships Co-ordinator who will issue a school code as required.			

Thank you for your co-operation and attention.

Kind Regards

Dene Stringfellow

2020 OCC Championships Co-ordinator

email: aaa-xcchamps@oxonxc.org.uk